SAFE kids HEALTHY kids HAPPY kids

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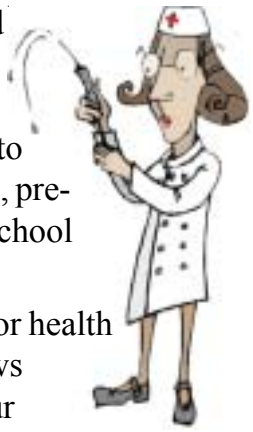
Are Your Child's Shots Up-To-Date?

One of the best ways to keep your child healthy is with immunizations or shots. Shots protect children against diseases. These include polio, measles, diphtheria, tetanus, hepatitis B, HiB, mumps, chicken pox and whooping cough. These shots are given to babies, toddlers, pre-schoolers and school age children.



Your doctor or health care clinic knows which shots your child needs. Schools require *all* children to have up-to-date shots before they can attend preschool, kindergarten, fifth and ninth grade and college. Sports programs and camps also ask for their record.

Help protect your child from illnesses.

1. Take your child to the doctor when he is healthy and when he is sick.
2. **Stay with the same doctor.** It is important for *one* doctor to get to know your child when she is sick, well or has injuries.
3. Ask your doctor or clinic about immunizations – shots. Do it right away.
4. Keep track of each child's shots. Put this shot record in a safe place where you can easily find it.

Immunizations or shots can protect your child from diseases that can hurt, cripple or kill. The next time you visit your child's doctor, *ask about shots.* Does your child's chart include all the immunizations he has received? You may have to request records from former doctors for proof. Some shots may have been given in the last seven years at school by the Public Health Department. They need to be added to the record.

It is very important to talk to the doctor before taking a trip out of the country. Other shots may be needed.

Schedule of Childhood Immunizations

Vaccine	*Recommended At:*
Hepatitis B	Birth – 2 months 1 – 4 months 6 – 18 months 11 – 12 years
Diptheria, Tetanus, Pertussis	2 months 4 months 6 months 15 – 18 months 4 – 6 years
Polio	2 months 4 months 12 – 18 months 4 – 6 years
HiB	2 months 4 months 6 months 12 – 15 months
Measles, Mumps, Rubella	12 – 15 months 4 – 6 years 11 – 12 years
Varicella (Chickenpox)	12 – 18 months 11 – 12 years
Tetanus, Diptheria	11 – 16 years
Pneumococcal	2 months 4 months

For more information:

- www.idph.state.il.us/about/shots.htm
- www.keepkidshealthy.com/welcome/immunizations/2004-imm.
- Call the Illinois Department of Public Health at 217-785-1955

Call the Parent Help Line. We listen. We can find you help.
544-5808 or 1-888-727-5889 from 10 a.m. to 10 p.m., 7 days a week.

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