

#### **General Information**

Business Casual - layer for comfort. Why not treat yourself to a peaceful overnight stay at Chiara Center? For more information, visit: www.chiaracenter.org

#### Registration

Space is limited. Registration and payment is due by **March 20, 2014**. If your organization is submitting a block reservation, payment is due by **March 20, 204** and the names of each person in the block reservation are due no later than **March 27, 2014**. Email confirmation will be sent when registration AND payment are received.

## **Cancellation Policy**

No refunds provided if registration cancelled after **March 20.** Please note you may send a substitute if you are unable to attend.

#### **Continuing Education**

St. John's College, Department of Continuing Education, is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity has been awarded 6.0 contact hours. Participants must attend the entire program and return a completed evaluation form to receive the certificate of completion with contact hours. No partial credit will be awarded.



The Human Services Education Council (HSEC) will provide six (6) hours of continuing education for the following licensed professionals who attend: social workers (LSW, LCSW); professional counselors (LPC, LCPC); marriage and family therapists (MFT, LMFT). Nursing Home Administrators will be provided CEUs by SIU School of Medicine, Center for Alzheimer's Disease and Related Disorders.

## **Target Audience**

Health care workers and students of all disciplines and faith traditions are welcome to attend the conference.

# Health Literacy

Helping People Help Themselves



Fifth Annual Spirituality in Health Care Conference

Co-sponsored by



Wednesday April 2, 2014 8:00 am to 4:15 pm

> Chiara Center Springfield, Illinois



## **Background**

The term *health literacy* encompasses not only the ability to read health information, but also other actions including listening, analyzing, and making decisions in health situations. The Institute of Medicine reports that nearly half of all American adults - 90 million people - have difficulty understanding and acting upon health information. Thus health literacy may affect the health of Americans and the ability of the health system to provide effective, high-quality health care.

#### **Purpose**

To provide information to those who work in health care in all disciplines to increase their understanding of health literacy and their role in improving communications to those for whom they provide health care and services. Attendees will be provided with tools, resources and examples to assist them in assessing and improving written and verbal communications in their health care settings.

## **Learning Outcomes**

At the end of the conference, attendees will be able to:

- Describe health literacy and expectations for those who work in health care.
- Cite examples of poor health literacy negatively impacting health outcomes.
- Demonstrate ways to improve methods of providing health information in order to increase understanding and compliance.
- Describe how health literacy relates to Ethics and ultimately supports Community Benefit and Spirituality.

#### Schedule

Schedule	
8:00 a.m.	Registration/Continental Breakfast
8:30 a.m.	Welcome
8:45 a.m.	<b>Health Literacy Defined</b> Judith B. Russell, PhD
9:45 a.m.	Break
10:00 a.m.	Meeting the Challenge of Health Literacy within the Medical Home - Janet Albers, MD
11:00 a.m.	Assessing and Improving Health Communications - Judith B. Russell, PhD
11:45 a.m.	Lunch
12:45 p.m.	Panel Discussion: Perspectives on Improved Communication Panel Moderator - Judith B. Russell, PhD
	Panelists: Patricia K. Graham, MA Starlin Haydon-Greatting, MS, BSPharm, FAPhA Mary Paluchniak, RN, BSN Becky Swanson
2:00 p.m.	Break
2:15 p.m.	Case Studies - Judith B. Russell, PhD
3:15 p.m.	Health Literacy through the Lens of Ethics and Spirituality Fr. Thomas Nairn, OFM, PhD
4:00 p.m.	Wrap Up/Evaluations
4:15 p.m.	Adjourn

## **Guest Speakers**

**Judith B. Russell, PhD**, Manager, Patient Experience Advisory Services - Midwest, Press Ganey Associates, Inc., Green Bay, WI

Janet Albers, MD, Family Medicine Physician and Professor and Associate Chair of SIU Department of Family and Community Medicine, SIU School of Medicine; CEO, SIU Center for Family Medicine, Springfield, IL

**Father Thomas Nairn, OFM, PhD,** Senior Director, Ethics, Catholic Health Association, St. Louis, MO

#### **Conference Registration**

Health Literacy: Helping People Help Themselves Wednesday, April 2, 2014

Conference Fee: \$75 Deadline: March 20, 2014		
Please print information as you wish it to appear on name badge (one attendee per form please).		
Prefix:		
Name:		
Credentials (e.g., RN, MSW, etc.)		
Check if you would like to receive CE credit:		
Organization:		
City, State:		
Daytime Phone:		
Email:		
Enclose check for \$75 payable to Hospital Sisters of St. Francis or provide credit card information:		
Visa ☐ MasterCard ☐		
(Name as it appears on card)		
Print Name:		
Billing Address:		
City:		
State: Zip Code:		
Card Number:		
Expiration: PIN:		
Signature of Cardholder:		

Mail form and payment by March 20, 2014 to:

Hospital Sisters of St. Francis Attn: Accounting Department P.O. Box 19431, Springfield, IL 62794-9431