Safe kids ☺ Healthy kids ☺ Happy kids

Teach Your Preschool Child Pro-social Skills

Children need to know more than their ABC's. School success depends on good behavior.

A child also needs to:

- Be able to pay attention,
- Know how other people feel,
- Control his anger,
- Control his urge to do whatever he wants, and
- Solve problems.

Children learn good social skills in the home. Parents teach by using loving words and patience. Let your actions model respect and cooperation.

Does your child have problems with good social skills? Check with the library for books that teach pro-social skills. One such book is *Skillstreaming Early Childhood: New Strategies and Perspectives for Teaching Prosocial Skills* by Ellen McGinnis and Arnold P. Goldstein.

Use this book to teach your child good social skills. It will help prepare your child for school. If your child still has behavior problems, seek medical care.

Children with good social skills:

- Are more accepted by classmates.
- Have better coping skills when problems arise.
- Can pat attention to what teachers say.
- Adjust better to school.
- Make friends easier.

Children with poor social skills:

- Are at risk for aggressive behavior.
- Have higher rates of emotional problems.
- Have problems with self-control.
- Work poorly with teachers.
- Have a decreased ability to make friends.

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Parent Help Line

Call the Parent Help Line. Help is just a phone call away.
1-217-544-5808 or 1-888-727-5889, 10 a.m. to 10 p.m., 7 days a week
www.parenthelpline.org

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