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ST. JOHN'S THIRD AGE LIVING CENTER TO MOVE TO WHITE OAKS MALL LOCATION

SPRINGFIELD – To better reach seniors in our community, St. John's Third Age Living (TAL) is relocating to White Oaks Mall. Renovation plans are underway and the new Mall location will be fully operational by late summer.

Currently located in North Building on the St. John's Hospital campus, TAL is an innovative program committed to helping older persons age well and remain independent, healthy and productive. St. John's Hospital is committed to keeping seniors healthy, active and independent through the continued support of our Third Age Living programs.

Through a partnership with the Mall Walking Program at White Oaks, TAL will offer a convenient "One-Stop-Shop" location for exercising, socializing, continued learning and volunteer opportunities.

"Third Age Living serves seniors by providing recreational, educational and wellness activities in safe and supervised locations," said Kim Luz, education and outreach manager at St. John's. "It also provides client services such as Caregiver Specialist, counseling and free transportation to grocery store, pharmacy, doctor's office and other necessary destinations."

"In addition, TAL also serves adult caregivers and those who need assistance providing and identifying resources for their carereceiver. By moving to a highly visible, easily accessible location, we will serve multi-generational clients in a convenient, comfortable environment," added Luz.

For more information about the Third Age Living program at St. John's, visit us online at http://www.st-johns.org/services/third_age_living/ or call 217-544-6464 ext. 76620.