



FOR IMMEDIATE RELEASE
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ST. JOHN'S CHILDREN'S HOSPITAL SUPPORTS COMMUNITY HEALTH AND WELLNESS WITH KOHL'S GOTTA DANCE PROGRAM

(SPRINGFIELD, IL)—On Saturday, November 23 at 6:00 pm, four Springfield area dance studios will come together to perform hip hop, modern, lyrical and Irish dance at the Hoogland Center for the Arts, 420 South 6th Street. The multi-organizational community program, known as Kohl's Gotta Dance, was created in 2013 through a partnership between St. John's Children's Hospital and Kohl's Cares for Kids. The event is free and open to the public. Dance studios participating are TurnOut Movement Arts Studio, Achill Academy of Irish Dance, Dance Creations Dance Studio and Springfield Dance.

Kohl's Gotta Dance gives local area pre-teen and early teen children the opportunity to participate in one of four free dance classes offered weekly. While having fun and making friends, these children also exercise, a factor in addressing and preventing childhood obesity, which is among the top three needs identified in the St. John's Hospital Community Health Needs Assessment.

"The Kohl's Gotta Dance program is a fun and creative way to help address childhood health and wellness our community," said Kimberly Luz, Director of Community Outreach. "We are proud to be involved in the effort to reduce and prevent childhood obesity while instilling positive life skills necessary for a healthier future."

For more information about the Kohl's Gotta Dance Program, please visit www.sjchildrens.org/gottadance or call 217-814-4308.

ABOUT ST. JOHN'S CHILDREN'S HOSPITAL

St. John's Children's Hospital is the only comprehensive child health care facility in south-central Illinois. We provide vital health care for the region's children, from infancy through age 18. Established in 2005, St. John's Children's Hospital is part of the Hospital Sisters Health System family. Sharing the legacy of providing top quality health care services that date back to the early 1920s, we are committed to delivering superior care to our youngest of patients, their families and our community. For more information, visit www.sjchildrens.org.

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